

CONTACT US:

- Request more information:
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- Contact your Child Care Specialist



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INFANT & EARLY CHILDHOOD MENTAL
HEALTH CONSULTANT

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Towards a brighter
future for all children

INFANT &
EARLY CHILDHOOD
MENTAL HEALTH
CONSULTATION

City of Madison



IECMHC helps Educators and Program Leaders to:

WHAT IS INFANT & EARLY CHILDOOD MENTAL HEALTH CONSULTATION?

IECMHC

The IECMHC program is a unique service designed to support City of Madison accredited child care programs. We aim to build the capacity of early care and education professionals and child care program systems to promote the social and emotional well-being of young children, while addressing challenging behaviors. The IECMH consultant works collaboratively with educators, program leadership, and community partners to support a holistic approach to prevention, promotion, and intervention.

The culture of each child and family, program and staff, and community shapes relationships and influences behaviors in important ways. IECMHC services are individualized to each setting to meet the social and cultural needs of each diverse program and community valuing the expertise of the teacher and the family. Partnerships are created within equitable relationships with time taken to learn about program and educator goals.

- Understand the social and emotional development of young children
- Handle challenges and support positive behaviors
- Recognize the impact of early relationships on children's development
- Build relationships with families and understand behaviors within the context of community and culture
- Implement social and emotional screening and assessment
- Make appropriate referrals for children and families needing additional mental health services
- Evaluate and develop policies that support positive guidance
- Prevent the use of expulsion and suspension

WHY?

Early childhood programs and educators play an important role in building children's social and emotional skills; making friends, problem solving, managing emotions, resolving conflict... Just as children need support in learning how to read, write or do math, they also need help developing social and emotional skills. Everyone has mental health needs – even babies!

